

other secondary structures. The tents, used as living quarters, were erected in the edge of the timber and the bottom of the natural bowl was used as a parade ground as well as for field athletics. These grounds were policed regularly each morning keeping them clean and beautiful.

As before mentioned, the majority of these men were from New York State, poorly-educated and unschooled in the ways of the West. Captain Macy sensed that he had his hands full from the start, but never realized how accurately he had guessed the truth until he found himself hard put to regulate them by army standards.

#### Disciplinary Problems

These two examples reveal just how it was:

We take you to the scene of "Reveille" on a crisp morning in mid-September to illustrate that Captain Macy had been struggling and still was struggling with disciplinary problems which could not be resolved. In this, there is both tragedy and humor, for Captain Macy had warned them that it was an old army custom for a captain to take his own life should he fail to control his men. So on this crisp morning when the leaves were in color, Captain

called "reveille," and as usual a half-dozen men were late and came straggling into line half dressed:

"... the very next time you are late, you will go down to the cold shower!" he shouted. You guessed it ... the very next morning they were late again, but instead of considering this as chastisement they regarded it as a reward when he roared, "Go down to the showers!" — so they turned and walked complacently back toward their tents.

#### No Offense Intended

"Where do you think you are going!" shouted Captain Macy. And the simple child-like reply was: "Back to our tents to get our soap and towels." ... they did not mean to offend the captain.

The second example takes us to a scene out in the woods, with a few range cattle grazing near by: "What are those things sticking out from their heads?" was the question. "Those are its horns," explained one of the local boys. And just then, one of the steers bellowed and a city boy became excited. "Look!" he blubbered, "that one is blowing its horn now!" The decree that young men would be trained had failed.

The pay received by these men was but little more than a

pitance, unless you carefully consider it in terms of the depression, but should you choose to examine the wage scale at that time you will find that men were glad of the opportunity to work for any wage, for it was either that, or starve.

This project ended with the first snows of winter and the camp was torn down and removed, never to be restored again. Perhaps the work accomplished was not great in terms of present day standards with modern power equipment, and considering that 200 men worked for six months from the south entry and 200 more from the north entry off Provo Canyon and still left a gap of three or more miles between their terminals to be closed, left no doubt that the accomplishment was meager. Still, if this work had not been started by this method it may have never reached fruition in our day.

#### Kolob Basin

By this effort, the south end wound upward over Camel Back Pass, crossed through Kolob Basin and ended south-westerly from Provo Peak. The north end was projected from a point just above "Wicks" in Provo Canyon and wound its way upward and across the ridge to the Rock Canyon basin; thence south-

ward a short distance to its terminal.

For the next 30 years this project lay dormant, until finally the Utah National Guard made it a summer camp project and closed the gap between by bull dozer.

#### Effort Renewed

Following the completion of this secondary dirt road, the National Guard also, in conjunction with the Uinta National Forest Service and the Utah State Agricultural Department, did considerable erosion control work and re-seeding of the mountain side to the very top of the mountain. This scenic route then became known as "Alps Loop" and held promise of becoming a great tourist attraction.

The name, "Alps Loop" was of vague origin but tentatively used for lack of a more suitable one of general acceptance. This 26 mile long scenic loop took significance only after the road was completed and people were permitted to view the wonderful sights as viewed from this balcony type road.

The route leaves Provo Canyon by way of Pole Canyon just below Springdell. It winds upward past several valley overlooks, past the head of Rock Canyon and the Rock Canyon



IT IS IN THESE mountains, photographed looking eastward from Interstate Highway 12, that the Squaw Peak Trail's southern entry begins via the left fork of Hobbie Creek

Canyon. The road moves northward past the head of Rock Canyon and balcony overlooks and down into Provo Canyon.

## Player

fielding pitcher.

His personality was something that drew the fans to the ball park in droves and the shouting never ended while he was on the pitcher's mound. A little on the eccentric or zany side, his exploits were humorous and precious. His liberties with the English language could rival Casey Stengel. Many an interesting anecdote could be related by his old associates, Hap Holmstead, Doc Homer, Bob Howard, Occie Evans, Claude Engberg, Charley Elliott, Lefty Cole, Whit Hoover, Fred Farmer, to name a few.

Somewhere along the line, the American Fork fans hooked the nickname of "Water-Cress" on him and it infuriated him when the opposing fans started chanting it, while he was pitching. Then his fast ball became a blur as Addie smoked them across the plate. He was usually a better hitter on days of sunshine when he could turn and look over his shoulder at his shadow. On cloudy days he lost some of his showmanship.

For the last several years of his life he was a lonely man and a wanderer, forgotten by the sporting world to whom for many years he gave a full measure of fun, entertainment and excitement. To those, who experienced the effects of his skill and ability, he will not soon be forgotten.

Robert K. (Russ) Nelson  
231 N. 100 E.

## Questions Railway Plan

single over-pass across the railway would cost at least a quarter of a million dollars. If the railway was abandoned in a few years, we would have an ugly scar remaining and our new highway would have to be constructed again. Where is there room at Bridal Veil Falls for the train to turn around? Where would tourists park their cars in narrow Provo Canyon while they were riding from nowhere to nowhere?

If Lowe Ashton and his group are so interested in preserving railway history, why couldn't they have a museum on their property in Heber?

It seems to me that we are not thinking this project through. It seems to me that a certain group and sentimental people are trying to get their pet project financed by the rest of us.

Otto Bailey  
Orem

merely take guns away from people who obey laws. And New York City's ineffectual Sullivan Law would seem to confirm that judgment.

But let's hope Congress will not waste this three-and-a-half years of study because of dispute over a certain few of its 366 pages.

Commission chairman, Pat Brown — former California governor — says the part relating to trying juveniles over 15 as adults for certain crimes is a direct reaction to increasing street crimes by youngsters. Any lawman recognizes the necessity for this more realistic response.

And if lawmen and law-abiding Americans could get a little aid and comfort from Congress, we'd all be more inclined to co-operate to the extent that individuals can.

You know, of some 9 million serious crimes committed each year in the United States, only half are ever reported to police; only 12 percent result in arrest; only 6 percent are convicted; only 1.5 percent ever go to jail.

More effective law enforcement and more streamlined court proceedings and more constructive punishment will not come about overnight, but Congress right now has in its hands a worthy prescription for some first steps.

## Dr. Lawrence Lamb

## Think Young; Don't Dwell on Ailments



Dear Dr. Lamb — Would thinking about getting old and wrinkles and varicose veins cause these things to happen?

Dear Reader — If you think about them long enough.

Dear Dr. Lamb — I have angina of the heart and wondered if any one ever gets over this or is it something I will have to learn to live with? I am nervous and in my 40s and female. Would you say something about angina of the heart in your column?

Dear Reader — The most common cause of anginal chest pain is atherosclerosis, fatty deposits in the arteries. It is fairly uncommon in women of your age and quite common in older women. Men can have it, too, particularly after a heart attack.

Emotional tension or excitement can cause the pain. That is why the doctor tries to eliminate excitement or stress for a heart patient.

Often an overweight per-

son can help himself by losing a lot of weight. This decreases the amount of work the heart needs to do. I can't emphasize too strongly that even if a person has a minimal amount of extra fat, the loss of fat can greatly increase the amount of work a person can do without having heart pain.

Of course, coffee, particularly in nervous people, should be stopped and cigarettes eliminated. After weight reduction some people benefit from a walking program. But before you start you should check with your doctor to be certain an exercise program won't be too much for you. Incidentally, life's situations—like getting excited watching television—often cause the heart to work harder than a good normal walk. A person has to have rather severe heart disease before he can't walk in good weather.

Dear Dr. Lamb — Is chicken fat high in cholesterol?

Dear Reader — No. However the American Heart Association believes that a diet high in fat leads to elevation of the blood cholesterol in the body even if the food is low in cholesterol. This is particularly true of saturated fat, (usually animal fat). Fryer chickens and young turkeys are the best poultry source of meat with limited amounts of fat.

## BARBS

If they ever organize hula dancers, there'll undoubtedly be a request for fringe benefits.

\* \* \*

Any truly competent repairman can fix a TV set, if he gets to it before the home handyman does.

\* \* \*



A great aid to keeping one's weight down is to be on a fixed salary.

\* \* \*

They call the under-21 crowd "minors" because they really dig what it's all about.

## BERRY'S WORLD



Jim Berry

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"Well, Emily—there goes the neighborhood!"